C-FB RSPA General Meeting Minutes
December 13, 2023
Webb Chapel Church of Christ
13425 Webb Chapel Rd., Farmers Branch, Texas 75234

President Della Swaim called the meeting to order at 11:03 AM. She reminded members that Metrocrest needed volunteers for the 4th Thursday of every month and that Estelle Lara had the sign-up sheet.

1st Vice President Shaima Hakimi welcomed new members and guests and reminded us of the special AMBA incentive membership promotion at our February 21, 2024 meeting. She then led the members in the pledges.

President Swaim introduced our special guest, Donna Wald, Executive Director of the C-FB Educational Foundation, who thanked us for our generous partnership with the foundation. She explained the historical background and founding of the organization as well as the impact of donations upon the foundation's four areas of focus: Innovative and Impact Now Grants, Student Scholarships, Strategic Mission Funding, and CFB-Giving House. She encouraged members to follow the C-FB Educational Foundation on social media.

Announcements: Volunteer Services Chair Kay Edmondson reminded members to submit their 2023 volunteer hours from January 1 to December 31, 2023 by the January 20, 2024 deadline.

Retiree's Educator Mary Eisenmann reminded members of the upcoming District 10 TRS Retirement Education Seminar for Pre-Retirees which will be a Zoom meeting on Saturday, January 27, 2024 at 10:00 AM. Interested parties must register online for the virtual seminar via link found in our newsletter and the flyer on the tables.

Reports: Member Benefits Chair Pat Revall reminded members of our Silver Sneakers program benefit which provides free gym membership and that Express Scripts has recently mailed out member's new prescription cards as well as the new United Healthcare card for 2024. Be on the lookout for yours if not yet received.

Field Trip Co-chair Lee Nitcholas thanked Co-Chair Stefani Johnson for spearheading the excellent December 5th field trip tour of the Farmers Branch Historical Park. Stefani then reported our next field trip is the Chili Cook-off and Bingo Event to be held from 12 – 3 PM on the day of our regular January 17 meeting. Room set-up will begin at 10:30 AM- volunteers are needed. Chili set-up is at 11:30 AM. New for this year is that a panel of "experts" will judge the chili on the basis of color, aroma, texture, flavor, and heat. Members may sign up for the needed side dishes with Stefani. The $5 fee for Bingo will be used for prizes.

Health and Safety Chair Carol Sprawls explained about and encouraged members to sign up for the 8-week Walk Across Texas (WAT) competition which starts February 5, 2024. Participants will compete in teams of 8 with other Region 10 groups, must be at least 50 years old, and can include a limited number of non-members. Deadline to sign up is January 20; the sign-up link can be found in the December newsletter. Call or text Carol Sprawls at 214-505-5569 or Maxwell Kashiwa at 214-415-2458 with questions.

Lunch: Jan Jaeger gave the Inspiration prior to our Two Guys from Italy's lasagna lunch. Dr. Wendy Eldridge provided the desserts. Lori Smith and the Lunch Bunch were thanked for all they do!

Program: Linda Bambina introduced the Four Singing Chabot Sisters who sang and danced for us as well as led us in singing Christmas Carols.

2nd Vice President and Legislative Liaison Pat Enlow reported that our newly-awarded COLA money should be coming in January. She encouraged us to send thank you notes to Tim Lee for all of his hard work! Pat also reported that bags were on the tables for donations to support our Book Project, suggesting that members consider donating funds equal to the number of years in their teaching/work career! She will be looking for volunteers in April to help with delivery to the 24 schools. Linda Bambina is plotting out the delivery routes.

Following the second door prize drawing, President Swaim adjourned the meeting at 1:06 PM.

Date: 12/13/2023 / Della Swaim Date 12/13/2023
Carolyn Kollmeier – Acting Secretary Della Swaim - President