C-FB RSPA General Meeting Minutes October 18, 2023 Metrocrest Services 1145 N. Josey LN. Carrollton, Texas 75006

President Della Swaim called the meeting to order at 11:03 AM. She introduced new members and guests. President Swaim led the members in the pledges.

President Swaim introduced Hayden Austin of Metrocrest who welcomed our chapter to Metrocrest and explained the services they provide.

Della explained that the Treasurer's Report is posted on line, and, the minutes will be posted within a day. She asked for a volunteer to provide the minutes for December and January. Carolyn Kollmeier volunteered.

Lyn Schito and Maxwell Kashiwa announced the December Bake Sale to raise money for the C-FB Educational Foundation. Members can bake goodies or donate money, all checks being payable to C-FB Educational Foundation.

Stephanie Johnson shared the details of the upcoming visit to the Pocket Sandwich Theater to see *The Strange Case of Dr. Jekyll and Mr. Hyde* on October 26. Members can also sign up for the December 5 field trip to Christmas at Farmers Branch Historical Park.

President Swaim emphasized the importance of documenting our volunteer hours for TRTA. Several members shared their volunteer activities.

1st Vice President Shaima Hakimi encouraged members to sign up for the November 8 Gratitude Luncheon hosted by C-FB. She also noted that the food donations given today are for the Joe's Pizza Thanksgiving Dinner.

Carol Sprawls provided 3 steps for healthy living and led the members in stretches to "Monster Mash" music.

2nd Vice President Pat Enlow updated information on COLA and suggested ways to reach the public to vote for Proposition 9. Members should take yard signs to voting locations. The last phase is sending letters to newspaper editors. Members shard their ideas for getting out the vote. Pat also discussed the Book Project. She asked members to donate appropriate children's books and help delivery in the spring to 24 schools.

Program

Pat Enlow introduced Doug Renfro of Mrs. Renfro Foods who shared the history of this small company and stated, "the only constancy is change." Members were given a jar of the famous salsa.

Linda Tole led a discussion of the District 10 Standing Rules amendments, and Della Swaim called for the vote which passed unanimously.

President Swaim adjourned the meeting at 1:07 PM.

Darcy Perreault	<u>110/31/23</u>	<u> Della Swaim</u>	10/312023
Darcy Perreault	Date	Della Swaim	Date
Secretary		President	