

C-FB RSPA October 16, 2024 Newsletter

President – Shaima Hakimi

We had a great September meeting with a little over 70 members in attendance. Thank you to all who helped make it a great and fun meeting.

New name badges were distributed, and we will continue making name badges for members when they attend any of our meetings. Name badges will be yours to take with you. Please keep them in your car's glove compartment or somewhere in your car. This way, you will have it when attending meetings or any C-FB RSPA functions. I am including a sample image of my card.

Our biggest fundraiser, **HundredX** will start November 4th through December 3rd. You, your family members or friends can join in giving feedback on products and services we use daily. You will be using your smartphone or computer for this, by using emoji symbols. No typing is required unless you add additional feedback.

More information will be provided as we get closer to the date. We are very excited to participate in this Free Money fundraising. For every good quality feedback, we get about \$1.60.

You can give up to 75 feedbacks in the 4 weeks period of fundraising.



1st Vice President, Membership -Lynn Scifo

Please join me in welcoming our newest member, Ruth Root. She joined at the September meeting and I was so happy to welcome her as I know you all were as well.

Our membership is vital to grow our organization. It is so important that we have a large representation when voting for our TRS pension, any cost-of-living raises, and important legislation that affects retired teachers and personnel.

It is so important that you talk to and invite any of your friends and family to our meetings. When they agree to join and sign up, they will receive a \$10 gift card. You will receive a gift card as well, thanking you for bringing in the new member.

If you have any questions about membership, please do not hesitate to give me a call or send me an email. scifol@verizon.net, 972-824-1358.

Lunch Bunch – Lynn Scifo



Lunch for our October 16th meeting will be from Chick-Fil-A located in Carrollton on Old Denton. We will have a Chicken Sandwich, Chips, and Cookie. Also, we will have iced tea **donated** from HTeaO, located in Dallas on Frankford and Marsh, thank you, HTeaO. The cost for lunch is \$12.00.

Please RSVP to Judy Carey if you are attending and going to order lunch by **Friday, October 11th**. You can pay by cash or check at the meeting (made out to C-FB RSPA) and now you can also pay by Zelle using (Judy's email address) judy.carey@verizon.net. **DO NOT USE HER PHONE NUMBER.**

Looking forward to seeing you all on October 16th.

2nd VP Programs – Kimberly Guinn

“Scams, Frauds and Financial Exploitation... Oh My!”

Have you ever received a call telling you that you owe money to the IRS, **OR** a letter in the mail stating that if you send a processing fee, you will receive a reward check, **OR** an email about an error processing an online purchase you did not make and you must call right away, **OR** a call from your bank alerting

you to a fraudulent activity and you must verify your account? If you have, then you are being scammed.

SCAM is a *scary* four-letter word that is so prevalent today. As seniors, we are one of the largest target audiences. Scams are becoming more sophisticated and more frequent. Our speaker, Steve Benton, will share what seniors should be on the lookout for to avoid being a victim of a scam or financial fraud.

Steve Benton, an expert speaker, is a financial coach at the Elder Financial Safety Center and a Counselor at The Senior Source. He has been active in the financial services industry for over 40 years. He specializes in complex cases, including fraud, scams, and elder abuse. Steve recently appeared as a Romance Scam subject matter expert on an episode filmed with Dr. Phil Primetime, has participated on various related podcasts, and been utilized in various local TV News broadcasts focused on Senior scams and frauds. Also, Steve is a Dallas native and TCU grad!

You don't want to miss how to better protect your hard-earned finances at our October meeting.

Let's help scare away the Scam, Fraud and Financial Exploitation goblins by wearing Halloween or Fall colors to our meeting!

Treasurer – Judy Carey

It was great seeing all the members who attended our September meeting. Reminder..... If you have not paid your TRTA state dues (\$35) and your C-FB RSPA local dues (\$10), **now is the time to do that!!** Time is running out. The dues you pay now are for 2024-2025. Please bring your check to the meeting or mail your check (made out to C-FB RSPA) and mail it to me at 975 Laguna Drive, Coppell, TX 75019. **You may include the cost of lunch (Lunch is \$12.00) in your check with dues.**

It is extremely helpful if you make out your check before you come to the meeting, it speeds up the check-in time. If you have questions about your dues, please call me at 214-498-9867 or email me at judy.carey@verizon.net.

Reminder, you can now use ZELLE to pay your dues and your lunch. If you are paying with ZELLE, use judy.carey@verizon.net not my phone number.

CFBISD Educational Foundation – Pat Enlow

With funds collected from our December (2023) Bake Sale and private donations, C-FB RSPA was able to give each of 19 newly-hired, first-time classroom teachers a gift card for \$200 to help with the cost of setting up their classrooms. These were presented at the July 18 New Educator Luncheon. Once again, we are beginning our fundraising efforts.

FUND RAISER FOR NEWLY-HIRED FIRST-TIME TEACHERS 2025

The Texas Rangers WON the World Series in 2023! Winning for the first time in franchise history (62 years) is a big deal. Part of the celebration included “World Class sports history memorabilia” as promotional items during the 2024 season.

Al and I are donating some of these items to be sold with **100% of all money collected going to the C-FB RSPA fund for 2025-2026 Newly-Hired, First-Time Teachers.**

1. There will be a table set up at the Oct. 18 C-FB RSPA meeting with all the items pictured below.
2. The items for sale have not been opened, but we show what is in the boxes.
3. Price ranges found on eBay are given for reference; however, all reasonable offers will be accepted.
4. If you have a relative or friend who loves baseball, these items would make fun, unique gifts for birthdays or Christmas.

Checks or cash accepted. Make all checks payable to CFBISD Educational Foundation with C-FB RSPA written on the Memo line. Our partnership with CFBISD Educational Foundation allows your contribution to be tax-deductible. Please support our active teachers.

Rangers 2023 World Series Stadium Promotions

Current eBay Range

Josh Jung WS jersey size adult medium (1)	\$28 - \$30
Adolis Garcia cartwheel bobble (2)	\$45 - \$60
Corey Seager Silver Slugger bobble (4)	\$30 - \$45
Adolis Garcia replica WS ring SGA (4)	\$50 - \$85
Nathaniel Lowe replica WS ring ++ (1)	\$70 - \$95
Josh Sborz replica WS ring ++ (2)	\$49 - \$100



Legislative – Pat Enlow

Important Dates

October 7: Voter Registration Deadline

Are you and your family registered to vote? <https://teamrv-mvp.sos.texas.gov/MVP/mvp.do>

October 21 – November 1: Early Voting

Have you looked at your ballot? Have you researched your candidates?

Dallas County <https://www.dallascountyvotes.org/voters/ballot/#VoterEligibilitySearch>

Denton County <https://www.votedenton.gov/voter-information/voter-lookup/#VoterEligibilitySearch>

Collin County <https://www.collincountytx.gov/Elections/sample-ballots>

October 25: Last day to apply for Vote by Mail <https://www.votetexas.gov/voting-by-mail/index.html>

November 5: Election Day

TRTA/C-FB RSPA Priorities for 89th Texas Legislature

<https://trta.org/wp-content/uploads/2024/09/2025-TRTA-Legislative-Priorities.V6.pdf>

School Outreach – Stefani Johnson

Adopt Kathryn McWhorter Elementary

We have a great opportunity to help the staff and kids at McWhorter Elementary!

This will start sometime in October, and we will go out there once a month. If you are interested in helping, please fill out the interest survey and sign up to be a school volunteer. I'll contact you when the school wants us to come.

You can still bring little gifts to give to the staff (hand sanitizer, individually wrapped treats, handwritten notes, etc.) to the October meeting. I put a basket in the lounge with a note that they are from us.

Fill in the interest survey: <https://forms.gle/Srzo9N4aUXtPnDKDA>

Sign up to be a school volunteer:

<https://www.cfbisd.edu/community/become-a-partner>

Be sure to click on “Background Check” and fill it out even if you already work in the schools. There's no charge to you. Fill in the schools and areas you want to volunteer. You will get email confirmation.

Stefani Johnson sapntx@msn.com 214-316-9190

Community Service-Metrocrest Services – Estelle Lara

We will be collecting donations for Metrocrest Service during our October meeting.

The need is grave for qualified families who rely on this wonderful service.

The following food items is suggested:

- Canned vegetables, fruits and meat items
- Dried beans and rice
- Seasonal fresh produce
- Breads and pastries
- Dairy products
- Toiletries (toilet paper and hygiene items products)
- Household cleaning supplies

I will also be glad to collect monetary donations in the form of checks to Metrocrest Service or cash.

Thank you in advance for making our October Food Drive a success.

I'll be outside with my blue RAV4, door open, ready to take your bags of food, or your money!

Also, if you have extra plastic grocery bags you do not need, please donate them to the Metrocrest Services so they don't have to purchase them. I will be glad to collect those at each of our meetings.

Field Trip – Lee Nitcholas

Seven of us had a great time at the John Wayne Experience in Ft. Worth. We followed with a wonderful lunch in the garden at Joe T. Garcia's.



Health & Safety – Becki Tucker

Happy Fall Everyone!

October is a beautiful month to be out walking and looking for those fall colors that start to show. The weather should be getting a little cooler and more enjoyable. Visit the “Autumn at the Arboretum” in Dallas during the months of October-November 3rd. Get out and breathe in that cool air.

October is also **Mental Health Awareness** month. Prolonged stress can lead to physical and mental fatigue and impact your everyday life. Stress management becomes essential, especially in times of uncertainty. It’s time to slow down, take deep breaths and relax. Sit outside and listen to the sounds of nature...birds chirping, wind blowing, dogs barking, etc. Meditate. Please take time for yourself even if it’s just 5-10 minutes. The longer, the better.

Halloween is approaching quickly, gather up your little goblins (grandchildren) and walk with them trick or treating. Moments like these are fleeting. If you don’t have any grands, sit outside to hand out your treats, have little conversations with your visitors and get to know your neighbors better.

Happy Haunting!

