

CFB RSPA GENERAL MEETING

MARCH 5, 2025

WEBB CHAPEL CHURCH OF CHRIST, FARMERS BRANCH, TEXAS

President Shaima Hakimi called the meeting to order at 11:03 am.

Shaima welcomed the first time visitors to our meeting. Shaima also recognized the holy month of Ramadan as a time of fasting, prayer and reflection. She acknowledged the members who were celebrating Ash Wednesday and the season of Lent.

Shaima thanked our bookkeeper, Judy Carey for all she does behind the scenes to keep up with the money and checks. If you use Zelle, please make a notation to Judy explaining what the money is for. This would help make Judy's job easier.

Kay Edmondson was recognized for her work collecting and submitting volunteer hours from the members. Volunteer hours of 90,428 was submitted.

President Shaima Hakimi led the attendees in the pledges to the flag. She also welcomed first time visitors Vicki Peppen and Gail Courson.

STARS OF FALL CONFERENCE 2024.....the following women were recognized at the fall conference for all their hard work. We thank them for all that they do for our organization.

Della Swaim

Maxwell Kashiwa

Carol Sprawls

Mary Eisenmann

Kimberly Guinn gave an update on the Book Project.

FUNDRAISERS AND DONATIONS

\$5,648 HUNDRED X

550.00 DONATIONS

\$6,198.00 TOTAL

Kimberly said the book project is going great. She is now finished buying books. The committee's goal is to provide a high quality, high interest book to every 2nd grader in the district.

She and her committee have been working on organization of the books dividing them up by reading levels and campuses. Labels have been placed inside the books by the volunteers stating the name of our organization.

Carol Sprawls from Member Benefits reminded everyone of the new insurance card. The new card now states that it is also a U card. There are three benefits to using the card.

1. It is an insurance card
2. It is a healthy benefit card
3. It is also a healthy benefit card plus

Every member with TRS Insurance will receive \$40.00 a quarter to spend on products. Products can be bought online or at stores like CVS or Walmart. You will earn more points by logging into the United Website and documenting when you have completed certain health exams. If you have a bone density or colonoscopy, you will need to call and report this. This card can also be shown at gyms that participate in Silver Sneakers.

Ellen McLoughlin reported on the recent retirement seminar. The seminar had poor attendance, and it was blamed on the district not wanting to share the information. There were only 20 participants at the seminar. It was decided that next year, we will partner with Region 10 to reach more of an audience and have the convenience of a virtual meeting.

Becky Tucker from Health and Safety informed everyone that the Walk Across Texas had begun. Our club has three teams and right now all three teams are in the Top 10.

Estelle Laura who represents the Metrocrest will be holding a food, hygiene or money drive at our April meeting. Her car will be out front to load the products. The Metrocrest has a real need for all hygiene products such as shampoo, conditioner, soap, toothbrushes, toothpaste, hygiene pads, tampons, and adult diapers or pads. Estelle will also take checks or cash for the Metrocrest.

Beth Sargent announced that our next field trip will be to the Bluebonnet Trails in Ennis. The date is April 22, and the cost is \$5.00. Lunch will be at the Fern in the Wild Restaurant which serves locally grown food. Beth will be sending out another email if you want to sign up.

Stefani Johnson announced a field trip to the Titanic Exhibit on May 7. The cost is \$25.00. She also discussed the volunteer work for McWhorter Elementary. The next volunteer day is March 11th....set up is 9:15 and volunteer time runs from 10:00 to 12:00. Some examples of duties are reading to the children, helping in the library and cafeteria. She will also be serving hot tea and hot chocolate on her wagon.

Door Prizes by Jamie Smith and Mary Johnson were awarded to Bill Rogers and Kay Edmondson.

For our inspiration, An Anthology of Words of Wisdom was read by Patti Sloey.

Lunch was Chicken Pot Pie from Kentucky Fried Chicken along with Cuties, cookies and iced tea.

Kimberly Guinn introduced our speaker for the month, Dr. R. John Lehrer. Dr. Lehrer is a practicing Chiropractor at Carrollton Family Chiropractic on Keller Springs Rd in Carrollton. He spoke on the topic of How to Stay Young the First 100 Years.

Our newest member is Vicki Grissett who was brought to the meeting by Anita Shepherd. Vicki and Anita each received a \$10.00 Target gift card.

It was announced that the service for Jane Larner is Saturday, March 7th, 2:00 pm at Arapaho United Methodist Church.

The meeting was adjourned at 1:08.

Respectfully submitted,

Susan Bragg for Maxwell Kashiwa, Secretary

March 4, 2025