

# CARROLLTON-FARMERS BRANCH RETIRED SCHOOL PERSONNEL ASSOCIATION

Minutes September 17, 2014

Meeting was called to order at 11:35 a.m. by Lee Nitcholas, president.

Linda Bambina welcomed new and returning members. Linda Tole gave invocation. Lunch was served.

Amber Odom, from the Cooper Clinic, was the guest speaker. Amber's program was "Nutrition You Can Live With." She presented information on exercise, diet for health and weight loss.

- Door prizes were distributed.
- Minutes and treasurer reports were approved and posted on the web site.
- A motion was made by Linda Tole to accept the budget for 2014-15 and seconded by Linda Bambina.
- Lee introduced committee chairs for the coming year.

In the 2015 legislative session, legislators will consider important bills that will affect TRS health care. It is important that individuals join TRTA and sign up to receive the "Inside Line." During the session, contact your senator and representative to let your voice be heard.

Linda Tole will chair the nominating committee. Gayle Vrana, Suzi Urban and Judy Thurman will serve on the committee.

Field trips for the year:

November – Bureau of printing and engraving

December – Glass blowing shop in Grapevine

January – Culinary experience

March – Tour AT&T stadium

Sign up sheets for field trips will be available at each meeting.

Meeting was adjourned at 1:10 p.m.

Judy Thurman  
Secretary

