

# C-FB RSPA Newsletter

October 2, 2012 Volume VII

## Letter from the president, Linda Tole

Wow! What a way to start the new year! We had over seventy attend our first meeting of the fall and had several new members join.

Dr. Burns gave us an update on how C-FB ISD was doing. He urged each of us to become an Ambassador for C-FB. If you have not heard of this program, I will give you a short version of it. Basically, the school district has hired a couple that does a three part class in how to promote the school district. There are 3 meetings over a 3 month period which gives information about the current happenings in the district and how to get positive information out to the community. If you are interested in participating, call the school district office for information.

I think many enjoyed talking with Dr. Burns. He has always been a very affable person and represents our district well.

We have Tim Lee coming to our October meeting. Many of you have heard Tim in the past. There is NO ONE who knows the trials and tribulations involved in dealing with the legislature better than Tim. Please do not miss this meeting. He may address the Advantage Care issue to some extent but doubt that will be his main topic.

One of the goals of TRTA is to see that we have health care which is sponsored by the State. This Medicare Advantage Program is actually in competition with the current program. As a result, they cannot endorse it per se. At the very least it is kind of a touchy situation for them. They are in essence endorsing it because they think it will help keep the health insurance program viable.

At the current rate of usage; the program will be defunct in a couple of years. This is another reason for you to come to the October meeting to hear what you can do to help shore up the TRTA cause.

We have some awesome field trips coming up and I know that many of you will want to participate. I will leave that to the field trip people to address.

Helen Morris who has headed up the book project for the last couple of years has resigned. We thank you Helen for your very able guidance over the last couple of years. That leaves the Book Project Committee Chairmanship position open. If you would like to become more involved in the organization and would like to take this position over please come forward! We have many volunteers who help with this project every year. There are a number of people who can help a new chairman with this project. NOW is the time to get involved!

Make your reservation early for the meeting. I am pretty sure we will have a full house and may have to change rooms in order to have enough space!

See you the third WEDNESDAY in October!

## From Your Community Volunteer Services Committee

We hope you are keeping up with your volunteer hours. Don't forget to either report them at the October meeting or by e-mailing them to [celrob2@sbcglobal.net](mailto:celrob2@sbcglobal.net).

## **Membership and More**

Linda #2 Bambina-Membership VP

As Linda #1 just mentioned, we had a wonderfully large group at our first meeting of the year. We anticipate another full house for Tim Lee's program on October 17<sup>th</sup>. But there is a bit of a "twist" to this second meeting: it will start ONE HOUR EARLIER! Tim needs to be in Ft. Worth for a noon program! So, we'll have our program first and eat afterwards. It's going to be a bit tricky to set up for the luncheon part and not disturb you all, but your Fabulous "first-part" Lunch Bunch (Nancy, Linda #3; Celeste; Irene; Judy#1, Donna and Mary Beth) will make it all happen with finesse!

I wanted to mention a few other "firsts" at our first meeting: We had 8 couples attend: Bambina; Blair; Blankenship; Geiger; Laney; McWhorter; Watten and mother/daughter Chamberlain/Roff! We had a number of people come out for the first time, Sally Bowsher; Carole Doty (just months into retirement!); Helen Marsee, Susan Bragg and Debby Fowler. Welcome, welcome ladies! And Barbara Taylor brought a guest from the Irving system who decided she liked us and joined on the spot: Welcome Beverly Juneaux!

As 1<sup>st</sup> Vice-President, I wear several hats. I am first and foremost—Membership Chair. Then as an off-shoot of that job, I handle all the details associated with the luncheon meetings. I also put together a Directory (or "yearbook") for our members. I have finally finished this year's directory that will be ready for distribution at our October meeting. Since it will be a very busy meeting, I wanted to make sure everyone knew some key aspects about this new directory:

- ★ This 2012-2013 edition will be in place for 2 years. There is a special place for additions/corrections for our 2013-14 year, but it is just too much work to completely re-do the Directory year after year.
- ★ Judy Carey and I did a Major Cleanup to reflect the names of those members who have remained current with both State and Local dues.

- ★ Barbara Gilbert and I worked very hard and got all the details corrected/rewritten for our Local Constitution and Bylaws section. That hadn't been done since 1999. That state-aligned document is now part of the new Directory.
- ★ I went onto the TRTA website and copied as much of the Member Benefits section as would fit on one page. (Look under the "Committees" tab at the top.) I was actually a bit amazed to see how **many discounts** there were for Travel, Computers, ID protection, 1-800-Flowers as well as Health Services and Insurance!

Please help us continue to strengthen and grow: **Each One, Bring One!**  
*(And remember to RSVP every time!)*

### FROM LEE NITCOLAS- Programs

**Tim Lee**, TRTA Executive Director to Speak at October Meeting

We are excited to have Mr. Tim Lee, TRTA Executive Director and author of *Inside Line*, address our members at our October meeting. Mr. Lee works tirelessly as our advocate in Austin and is very effective at his job. He will bring us up to date on issues at the state level. Because he is so highly sought after as a speaker **we are moving our meeting time up an hour in order to accommodate his schedule.** Our meet and greet time will begin at ten this month and the **program will start at ten thirty** followed by lunch and our business meeting. Please mark the new time on your calendar so you won't miss what Mr. Lee has to say.

STAY HEALTHY

October is National Breast Cancer Awareness month. Ladies, be sure to get regular mammograms along with a check-up for ovarian and cervical cancer. The website [www.nbcam.org](http://www.nbcam.org) has a collaboration of national public service organizations, professional medical associations, and government agencies working together to promote breast cancer awareness, share information on the disease, and provide greater access to services. Gentlemen,

don't forget your prostate check-ups. [www.zerocancer.org](http://www.zerocancer.org) has more information about prostate cancer. October is also National Walk to School Day which reminds us of our ongoing Walk A Million Miles for Good Health campaign. Please take time to download the Steps Chart from <http://www.localunits.org/CFBRSPA/> by clicking on "Forms" on the left side of the page.

**Barbara Shell and Joyce Wagner**, Health Co-Chairs

**ATTENTION ALL MEMBERS OF C-FB RSPA!!!!!!**

**DON'T FALL BEHIND ON PAYING YOUR DUES!!!!!!**

Time is running out to pay your dues for 2012-2013. Would you please check to see if you have paid your dues for this year? Dues that are paid after March 1 are the current year dues. If you are not sure if you have paid, please call or email me and I can check for you. There are some of you that pay your state dues directly to TRTA.

**Please support your local C-FB RSPA by paying \$10.00 for local dues!!!!**

The more members we have the more delegates we can send to the TRTA State Convention next spring. Please fill out the form below and mail your dues to Judy Carey, 975 Laguna Dr., Coppell, TX 75019. Dues are \$35.00 (\$25.00 for state dues and \$10.00 for local dues). Make your check out to C-FB RSPA. You can also pay your dues at our October meeting.

\_\_\_\_\_ FILL OUT THE FORM BELOW, CUT OUT AND RETURN WITH DUES \_\_\_\_\_

NAME \_\_\_\_\_

-

ADDRESS \_\_\_\_\_ CITY, STATE,

ZIP \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

Nancy and Paul Watten received notice that their daughter, Laura, head softball coach at the University of Maryland, was to be inducted into the Bethune Cookman first Athletic Hall of Fame in September of this year.

Laura coached at Bethune Cookman, a historically African-American university in Daytona Beach, FL for 9 years. She was the only white coach in the MEAC conference the entire time and her team won the conference championship 7 of her 9 years. She was also Coach of the Year those 7 years and in 2005 her team was within one game of the World Series.

When she took the job, conditions were such that she even had to build her own field at a local recreation center.

Laura is one of 12 (of 95 candidates) to be honored.

Here is part of the letter she received from Bethune Cookman:



### Office of the Director of Athletics

August 30, 2012

Ms. Laura Watten  
Head Softball Coach  
The University of Maryland

Dear Coach Watten:

I am proud to officially inform you of your election into the 2012 Bethune-Cookman University Athletic Hall of Fame.

The blue ribbon selection committee empanelled to review career achievements of those nominated felt very strongly that the body of work that you have created during your softball coaching career at Bethune-Cookman in addition to your tremendous success as a leader and mentor of young people around the country, stood out amongst your fellow peers, thus meriting your election and imminent induction into this prestigious group of all-time great Wildcats.